

A Phoenix for Carla (2013) 10 mins EP

for solo flutes: flute d'amour and alto flute (Kingma system)

This virtuoso work was commissioned by Stephen Massil and celebrates his gift to Carla Rees of a flute d'amour. Carla Rees lost all her possessions when her flat was destroyed in the Croydon riots in 2011.

My piece has eight short movements, played by the flutes in alternation. It takes the form of double variations, the whole lasting about ten minutes.

The beautiful tone quality of the flute d'amour was an inspiration, as was the infinite range of colour created by the microtonality of both instruments.

The lyrical aspects of the music perhaps suggest memory and loss; but as the work progresses it becomes increasingly affirmative until it culminates in the image of the fabulous bird, resurgent.

Nicola LeFanu